

“Run for Jazzy”-Then & Now

September 1, 2009, 16-year-old, Jasmine Jordan, decided to “make a difference” by running across America and bring a message of hope to truckers throughout the United States. After losing a close family friend in the trucking industry to cancer, she put aside her dream of Olympic competition and put on her running shoes. She ran from Los Angeles to New York covering 3,161.2 miles obtaining donations for St. Christopher Truckers Relief Fund, along the way. After nine months of running Jasmine completed her mission in June, 2010.

It has been seven years since Jasmine ran to create public awareness of drivers’ needs in the trucking industry. SCF recently spoke with Jasmine, now Stanton, to see where she is and how she is doing. She still lives in Minnesota and has her Associate Degree in Personal Training. She works at Bethany Community Center helping senior citizens stay fit, Planet Fitness as their fitness trainer and the YMCA. Along with her three jobs, Jasmine is now a mom of a beautiful 2 ½ year old little girl.

Jasmine is still running. She now runs 3 to 4 miles a day rather than the 15 to 20 each day that she ran during the “Run with Jazzy” campaign. She has had surgery on both feet due to injuries suffered during her run across the country.

We asked Jasmine if, in hindsight, would she do anything differently? She said she would have included weight training to help stay strong during the journey. She is also glad that she chose to do the run as a teenager, even though it caused injuries to her feet. As an adult, the responsibilities are so much greater and life just seems to get in the way.

While not currently involved in the trucking industry, she still has so much respect for drivers and would like to do more to help them become more physically fit. SCF will be working with her to post some of her videos on the SCF website in the coming months. Be watching for Jazzy to help drivers get and stay fit. SCF will always remember the sacrifice that Jasmine Stanton made on behalf of truckers. Jasmine said, “I will never forget the people that I met during my run across America. It was an experience that I will always treasure”.