

# RIGS WITHOUT CIGS



## TOBACCO CESSATION PARTICIPATION & INCENTIVE PROGRAM

- 1 ALL OTR SEMI-TRUCK DRIVERS CAN PARTICIPATE IN THE PROGRAM.**
- 2 ALL OTR SEMI-TRUCK DRIVERS MUST HAVE AN ACTIVE CLASS A CDL.**
- 3 ALL PARTICIPANTS MUST BE A RESIDENT OF THE UNITED STATES.**



**Made Possible By:**





# RIGS WITHOUT CIGS



## REGISTRATION & PARTICIPATION

- 1 DRIVERS REGISTER ONLINE ON THE SCF WEBSITE**
- 2 RECEIVE A WELCOME LETTER WITH PROGRAM DETAILS**
- 3 AUDIOBOOK  
NICOTINE REPLACEMENT THERAPY  
MOBILE APP  
4) GRINDS COFFEE POUCHES  
5) MEDICATION REFERRAL WITH CALL ON DOC**
- 4 DRIVER RECEIVES EMAIL WITH TIPS AND TOOLS TO BE SUCCESSFUL, AND JOINS FACEBOOK GROUP**
- 5 WEEKLY ENCOURAGEMENT AND ACCOUNTABILITY FROM A HEALTH COACH. DRIVER AGREES TO STAY ENGAGED**
- 6 DRIVER NAMES AN ACCOUNTABILITY PARTNER WHO ALSO GIVES STATUS UPDATE WHEN DRIVER QUILTS USING TOBACCO**





## REWARDS AND INCENTIVES

- 1 ONE (1) MONTH TOBACCO FREE**  
BCO TUMBLER
- 2 THREE (3) MONTHS TOBACCO FREE**  
ROADPRO 12 VOLT COOLER
- 3 SIX (6) MONTHS TOBACCO FREE**  
CHOICE OF ONE: ROADKING 1000 BLUETOOTH HEADSET OR  
ROADKING RK CB CLASSIC CB RADIO
- 4 ONE (1) YEAR TOBACCO FREE**  
CHOICE OF TWO: ROADPRO SNACKMASTER COOLER/WARMER,  
ROADKING 1000 BLUETOOTH HEADSET, WILSON T5000 TRUCKER SERIES  
ANTENNA, OR ROADKING RK CB CLASSIC CB RADIO  
  
OR CHOICE OF ONE: ROADKING HANDS FREE CB OR POWERDRIVE 1500  
WATT POWER INVERTER



# RIGS WITHOUT CIGS



## HEAR FROM DRIVERS LIKE YOU

**“I really do believe that the accountability the program installed is the key to my success.”**

**“Rigs without cigs has been awesome for me. With the constant contact it has helped me stay on track. I think the program works wonders with access to a Facebook group and the keeping in touch, you’re able to stay focused and obtain support when needed thank you very much for your help and assistance.”**

**“At my pulmonologist appointment, I was told ‘wow, I don’t hear anything!’”**

**“All I know is that from the day I quit on January 17th 2022, I am healthier, I have more energy, and I have money in my pocket. After 2 months, it flew by, and I didn’t even think about it anymore. This program has changed my life around on being tobacco free.”**

**“Thank you for helping me get through that nasty addiction.”**

# RIGS WITHOUT CIGS



## A PROGRAM FOR DRIVERS THAT WORKS



**217**

**QUIT  
SMOKING**



**142**

**CUT USAGE  
IN HALF  
OR MORE**



**95**

**JOINED FOR  
SUPPORT**



**42%**

**SUCCESS  
RATE**



SAVING LIVES  
AND FAMILIES  
ONE DRIVER  
AT A TIME



## **CONTACT US:**

**Lindsey Bryan**

**Health & Wellness Manager**

**Health@truckersfund.org**

**865-544-8145**

**SIGN UP**